

# The East London Garden Society

## Plant Facts

### Orange Mint and Lemon Mint



The citrus flavour of orange and lemon mint is a bright alternative to regular mints and works well in salads and with fruits.

It grows quickly and spreads, though not aggressively, in Florida and likes moisture and rich soil in a light to heavy shade avoiding the full sun. It also does well in containers and peas and tomatoes actually benefit from being planted near mint.

Mint sometimes acts as an annual in Florida but to keep it perennially producing for you cut it back to right above the soil when it starts looking leggy and scraggly. It will bush out quickly and become more healthy and fuller than ever. You should do this once a year, or twice at most, usually in late summer. Mint is easy to dry and will keep well once dried and placed in a closed container.